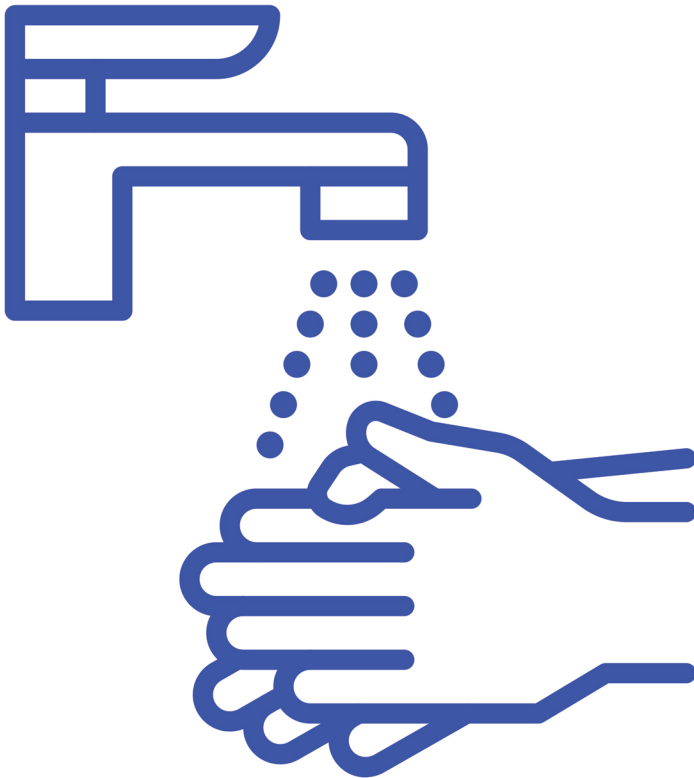


Effective Handwashing

To Prevent the Spread of Germs

Identifying and Mitigating Risks to Ensure a Safe Working Environment



How to Wash Your Hands:

- ✓ Use soap and water
- ✓ Create good lather and clean: between fingers, under nails and up wrist
- ✓ Rinse with clean water
- ✓ Dry hands thoroughly and minimize contact with surfaces

When to Wash Your Hands:

- ✓ After using the facilities
- ✓ After you have coughed or sneezed (remember to always cough into arm or elbow to avoid spreading germs!)
- ✓ Before touching or eating food
- ✓ If they appear dirty
- ✓ After you have touched animals

Learn More at

CareClean.com